

Fun Fact!

Avocados contain 35% more potassium than a banana



DAILY BREAKFAST CHOICES

Choose up to 2 Grain Choices such as cereal (=1), toast (=1), mini pancakes (=2), glazed dunker (=2)

OR

Choose 1 Grain and 1 Meat Choice such as a breakfast sandwich (=1G/1M)

Must choose at least 1: Fruit or Juice

May Choose 1: Milk

Low Fat White Milk, Fat Free Chocolate Flavored or Skim Milk

DAILY LUNCH CHOICES:

Choose 1: Entrée

Must choose at least 1: Fruit or Vegetable

(may choose up to 2 servings each of fruits & veggies with their meal)

Available Daily:

Meatless Entrée, Cold Sandwiches, Entrée Salads, Variety of Fruits & Juices

May Choose: 1 Milk;

Low Fat White Milk, Fat Free Chocolate Flavored or Skim Milk

All menus are subject to change.

We do our best to provide our customers with all of our planned options, however, occasionally crops, weather & supplies have other ideas!

May

San Jose Elementary School



Mon	Tue	Wed	Thu	Fri	Cinco De Mayo
<p>1 Sausage Gravy Bagel</p> <p><u>Choose One:</u> Max Sticks Teriyaki Chicken Bowl w/ Roll Chef Salad Turkey & Cheese Hoagie</p> <p><u>Choose:</u> Marinara Cup Stir Fry Vegetables Fresh Veggie Dippers</p>	<p>2 Maple Pancake Minis</p> <p>School Favorite Day</p> <p>BBQ Pork Sandwich OR Cheese Pizza</p>	<p>3 Chicken Biscuit</p> <p><u>Choose One:</u> Chicken Drumstick w/ Hush Puppy Macaroni & Cheese Yogurt Parfait Ham & Cheese Croissant</p> <p><u>Choose:</u> Sweet Potato Waffles Fries Sliced Cucumbers</p>	<p>4 Apple Cinnamon Texas Toast</p> <p><u>Choose One:</u> Beef Tacos Mini Cheese Calzones Farmer's Salad Chicken Caesar Wrap</p> <p><u>Choose:</u> Marinara Cup Refried Fiesta Beans Mixed or Tossed Side Salad</p>	<p>5 Egg & Cheese Croissant</p> <p><u>Choose One:</u> Mexican Pizza/ Bean Burrito Cheesy Fish Filet Sandwich Chicken Caesar Salad Italian Sub</p> <p><u>Choose:</u> Spinach Fresh Veggie Dippers</p>	
<p>8 Banana Pancake Minis</p> <p><u>Choose One:</u> Turkey Pot Roast Potato Bowl Hamburger/Cheeseburger on a Bun Veggie Double Dipper Salad Turkey & Cheese Hoagie</p> <p><u>Choose:</u> Seasoned Corn Nibbles Fresh Veggie Dippers</p>	<p>9 Sausage Biscuit</p> <p><u>Choose One:</u> Korean Chicken w/ rice & roll Stromboli Pepperoni Farmer's Salad · Jamwich Kit</p> <p><u>Choose:</u> Sliced Carrots Marinara Cup Romaine Side Salad</p>	<p>10 Glazed WG Dunker</p> <p><u>Choose One:</u> Tex-Mex Beef Ravioli w/ roll Chicken Nuggets Hummus Dipper Plate Ham & Cheese Croissant</p> <p><u>Choose:</u> Broccoli Florets Sliced Cucumbers</p>	<p>11 Bacon, Egg & Cheese Pizza</p> <p><u>Choose One:</u> Giorgio Cheesy Bread Breakfast for Lunch Chef Salad Chicken Caesar Wrap</p> <p><u>Choose:</u> Deli Roasted Potatoes Mixed or Tossed Side Salad</p>	<p>12 Apple Cinnamon Sausage Stick</p> <p><u>Choose One:</u> Ocean Treasure Fish Nuggets w/ Ro Pizza Chicken Caesar Salad Italian Sub</p> <p><u>Choose:</u> Oven Baked Beans Fresh Veggie Dippers</p>	
<p>15 Blueberry Bash Mini Waffles</p> <p><u>Choose One:</u> Pizza Crunchers Chicken Sandwich Chef Salad Turkey & Cheese Hoagie</p> <p><u>Choose:</u> Crinkle Oven Fries Fresh Veggie Dippers</p>	<p>16 Scrambled Egg, Bacon & Biscuit</p> <p><u>Choose One:</u> Chicken Tacos Corndog Farmer's Salad Jamwich Kit</p> <p><u>Choose:</u> Oven Baked Beans Romaine Side Salad</p>	<p>17 Rich's Cinnamon Roll</p> <p><u>Choose One:</u> Stuffed Shells Marinara Teriyaki Beef Dippers Over Rice Fruit & Yogurt Plate Ham & Cheese Croissant</p> <p><u>Choose:</u> Broccoli Florets Sliced Cucumbers</p>	<p>18 Egg & Cheese Breakfast Taco</p> <p><u>Choose One:</u> Grilled Cheese Chicken & Waffles Chicken Cobb Salad Chicken Caesar Wrap</p> <p><u>Choose:</u> Chicken Noodle Soup Mixed or Tossed Side Salad</p>	<p>19 Pancake Pup</p> <p><u>Choose One:</u> Potato Crusted Fish Sticks Pizza Chicken Popper Salad Italian Sub</p> <p><u>Choose:</u> Green Beans Fresh Veggie Dippers</p>	
<p>22 Manager Choice Entrée</p> <p>Manager's Choice Menu</p> <p>Jamaican Beef Patty w/ Plantains Chicken Patty Sandwich</p>	<p>23 Manager Choice Entrée</p> <p>Manager's Choice Menu</p> <p>Meatloaf w/gravy Stuffed Shells Marinara</p>	<p>24 Manager Choice Entrée</p> <p>Manager's Choice Menu</p> <p>Chicken Nuggets Ravioli</p>	<p>25 Last Day Students</p> <p>Manager's Choice Menu</p> <p>Bag Lunch PB&J Meat Sandwich</p>	<p>26 Summer Break Begins</p> 	
<p>29 No School</p> 	<p>30</p> 	<p>31</p> 	<p>SCHOOL LUNCH HERO DAY</p> <p>Celebrate your cafeteria staff on the first Friday in May!</p> <p>Friday May 5th</p>		